

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



Fortis Escorts Heart Institute, New Delhi



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, Vadapalani



Fortis Anandapur, Kolkata



Fortis Hospital, Malar



SL Raheja Hospital Mahim - A Fortis Associates



Fortis Hospital, Kalyan

Fortis Celebrates INTERNATIONAL NURSES DAY



Fortis Hospital, Mulund



Fortis Escorts Hospital, Faridabad



Fortis Escorts Hospital, Jaipur



Fortis Hospital, Mohali



Fortis Hiranandani Hospital, Vashi



Fortis Hospital, Ludhiana



Fortis Hospital, Shalimar Bagh



Fortis Hospital, Vasant Kunj



Fortis Hospital, Amritsar



Fortis Hospital, BG Road, Bengaluru



MD & CEO's Message

Dear Colleagues,

Let me begin by extending warm and heartfelt wishes to all our Nurses. We had a wonderful Nurses Week across Fortis as a mark of gratitude and acknowledgement of the phenomenal work done by our Nurses and I am really delighted to know about all the good work being done at our units. At Fortis, we are committed to providing the best working and learning environment for our nurses so that they can explore their fullest potential. We have recently announced the Fortis Future Leadership Program for Nurses and Technicians and I wish all the successful candidates all the very best.

I am also excited with the brilliant clinical work being done at our hospitals. The Financial Results announced recently reflect the success of our doctors, nurses, paramedics, technicians and administration staff, and I take this opportunity to thank each one of you for your dedicated efforts.

We are progressing well on our planned expansion strategy and as you may be aware, we have recently announced the signing of definitive agreements for the acquisition of Medeor Hospital in Manesar, Gurugram. The facility has a potential bed capacity of 350 beds and can be operationalised in a phased manner. We are also continuing with our digital transformation and more updates will be shared as we progress further.

Thank you for all your support.

Regards,

Dr A. Raghuvanshi

MD & CEO

New Beginnings & Launches

Fortis to acquire 350 bedded hospital in Manesar, Gurugram, from Medeor Hospitals Limited

Gurugram, April 20, 2023: Fortis Healthcare Limited ("Company"), has announced that it has signed definitive agreements with the VPS Group for the acquisition of its Medeor Hospital in Manesar, Gurugram, Haryana, ("Medeor Hospital") for an overall purchase consideration of INR 225 Crore. The hospital has a potential bed capacity of 350 beds and can be operationalized in a phased manner in approx. 9 months.

The transaction entails the purchase of land, building and movable assets of Medeor Hospital in Manesar, Gurugram, owned by Medeor Hospitals Limited and is expected to close by end of July 2023, subject to the completion of certain conditions precedent as stipulated in the definitive agreements. The transaction will be funded through a mix of debt and internal accruals.

The acquisition fits well with the Company's strategic approach of expanding its presence in focus geographic clusters, including Delhi NCR. The acquisition will enable the Company to deliver quality healthcare services to patients in the upcoming areas of New Gurgaon, Dwarka Expressway, IMT Manesar and National Highway 48. The hospital is easily accessible from these areas and can additionally benefit patients from across Rewari, Mahendargarh, Bhivadi, Pataudi, Farukh Nagar and other areas in the vicinity.

Dr Ashutosh Raghuvanshi, MD & CEO of the Company, said, "We have been evaluating various acquisition opportunities to expand our presence in our existing markets and to enable us to leverage the benefits of scale and synergies. We believe this is a good strategic fit as we already have a significant presence in Gurugram with our flagship facility, Fortis Memorial Research Institute (FMRI). This acquisition will make us the second largest healthcare services provider in Gurugram with over 850 beds, including our ongoing brownfield bed additions in FMRI. We endeavor to offer the entire spectrum of medical specialties at our new facility, ably supported by our experienced team of clinicians and deliver exceptional clinical care."

Fortis expands its footprint in Jammu & Kashmir; launches Fortis Medical Centre in Srinagar



Fortis Medical Centre, Srinagar, the latest addition to the network, was launched on March 20, 2023. The event was attended by several Government functionaries, including Mr Aijaz Asad (IAS), Deputy Commissioner, Srinagar, Government of Jammu & Kashmir, who was the Chief Guest. Dr Bishnu Panigrahi, Group Head - Medical Strategy & Operations Group (MSOG) and Mr Mahipal Singh Bhanot, Business Head - FMRI, Shalimar Bagh & Vasant Kunj, were among the Fortis leaders present on the occasion.

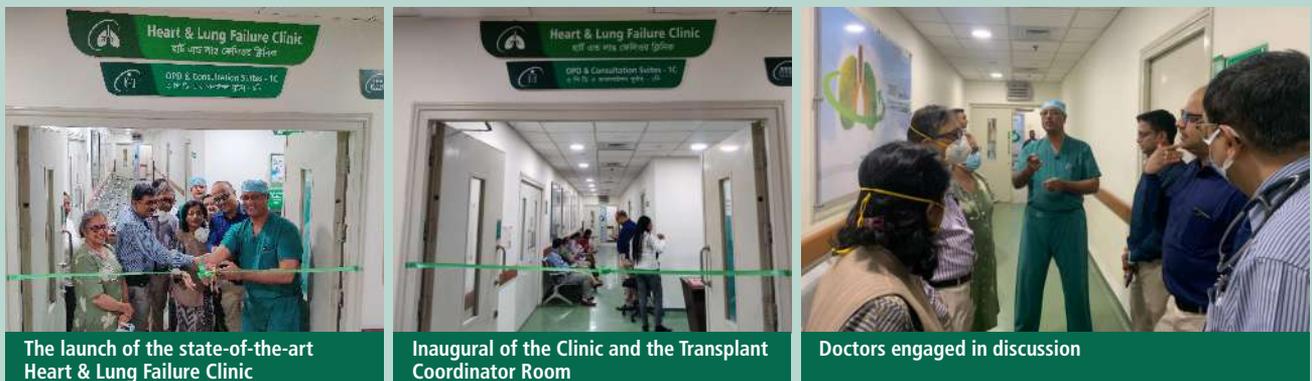
The centre will provide super-specialist consultations by renowned doctors across the specialties of Cardiology, Cardiac Surgery, Gastroenterology, Internal Medicine, IVF, Mental Health, Neurosurgery & Spine Surgery, Nephrology & Kidney Transplant, Obstetrics & Gynaecology, Oncology - Medical, Surgical, Radiation, Gyane & Paediatric, Orthopaedics and Joint Replacement, Haematology & BMT, GI, Minimal Access & Bariatrics, ENT & Cochlear Implant, Thoracic Surgery, Urology and Vascular Surgery among others. With over 36 expert clinicians across 16 super specialties to cater to patient needs, the centre will provide free consultation till 30th April, 2023 as part of its commitment to patients from J&K.

Newly renovated Medical ICU inaugurated at Fortis Noida



On the occasion of World Health Day 2023, Fortis Hospital, Noida, inaugurated its newly renovated Medical ICU on April 7, 2023. The inauguration ceremony was attended by Dr Suneel Kumar Sharma, Chief Medical Officer, Gautam Buddh Nagar, Noida, Dr Lalit, Additional Chief Medical Officer, Gautam Buddh Nagar, Noida, Mr Mohit Singh, Zonal Director, Fortis Hospital, Noida, Dr Shanu Sharma, Medical Superintendent, Fortis Hospital, Noida, along with other senior clinicians and staff of the hospital.

Fortis Hospital Anandapur, Kolkata launches Heart & Lung Failure Clinic



The launch of the state-of-the-art Heart & Lung Failure Clinic

Inaugural of the Clinic and the Transplant Coordinator Room

Doctors engaged in discussion

Fortis Anandapur launched a state-of-the-art Heart & Lung Clinic on February 13, 2023. This clinic aims at providing clinical excellence and quality care to patients with end-stage heart and lung ailments. The clinic will provide a multidisciplinary approach by providing holistic care and work in tandem with other clinical specialties to ensure that patients receive the best possible treatment - including diagnosis, treatment, and follow-up care for those requiring a heart or lung transplant. Advanced diagnostic and therapeutic techniques will be provided for comprehensive treatment and exceptional care.

The clinic aims to take a comprehensive and multidisciplinary approach for patients with end-stage lung and cardiac conditions. The clinic will assess these patients, optimize therapy and in those who qualify for lung or heart transplant, list them and prepare the suitable patients for transplant. The clinic will have Senior Consultants from Cardiology, Pulmonology, Cardiothoracic Surgery and Cardiac Anaesthesiology who will be reviewing patients regularly on alternative Mondays at the Anandapur Clinic.



The Heart & Lung Failure Clinic

Clinical Excellence

43-year-old gets new lease of life post successful heart transplant at Fortis Escorts, New Delhi



The heart transplant of a 43-year-old was conducted by Dr Z. S. Meharwal, Executive Director & Head - Adult Cardiothoracic Vascular Surgery, Heart Transplantation and VAD Program, Dr Naveen Saraf, Director - Adult CTVS. The Cardiologists involved in

the care of patient were Dr Vishal Rastogi, Director - Interventional Cardiology & Head - Heart Failure, and Dr Nishith Chandra, Principal Director - Interventional Cardiology. The heart transplant took long 10 hours, giving the patient a new lease of life. The surgery was performed on February 2, 2023, after an ambulance brought the heart retrieved from a 48-year-old male from AIIMS, New Delhi (8:38 am) to Fortis Escorts, Okhla (8:50 am), covering a distance of 9.2 kms in just 12 minutes amidst the peak traffic rush, thanks to the green corridor created by the Delhi Traffic Police.

The recipient had undergone multiple admissions in 2022 for heart failure at Fortis Escorts and was listed for Heart Transplant at NOTTO. After eight weeks of waiting, he received the heart. The surgery was challenging as there was a significant mismatch in the size of the chambers of the heart of the donor and recipient. Explaining the challenges, Dr Meharwal said, "We could not perform Coronary Angiography (a procedure that uses X-ray imaging to see your heart's blood vessels) because of the patient's precarious condition. Also, during the surgery, there was a mismatch between the aorta (the main artery in the body) and left atrium of the donor and the recipient. The aorta of the donor was smaller in diameter as compared to the recipient's aorta. So, we had to do some technical modifications during the surgery. If the patient was not treated on time, he would have continued to remain in the advanced heart failure stage with increased pulmonary artery pressures and would have become inoperable in the coming days with minimal chances of a heart transplant."

First in Tamil Nadu: Redo Sutureless Valve Replacement at Fortis Vadapalani gives 68-year-old a fresh lease of life

A team of doctors at Fortis Anandapur, Kolkata, led by Dr K. M. Mandana, Director - Cardiac Surgery, successfully treated a six-year-old boy from Bhutan who had accidentally inhaled a piece of betel nut. The boy was brought to Fortis Anandapur on February 14, 2023, in a critical state, almost three months after the incident and after several unsuccessful attempts at removing the foreign object, which had lodged itself in the lower lobe of the patient's left lung.



The patient with the Nursing Team of Fortis Anandapur



Dr K. M. Mandana,
Director - Cardiac Surgery

During admission, the child had severe cough, pneumonia and lower respiratory tract infection. A high resolution CT scan of the chest and bronchoscopy under general anaesthesia revealed that the object was embedded in the lung and had been enveloped in fibrous tissue, resulting in collapse of the left lower lobe along with constrictions and inflammation of the bronchus (airway). The doctors performed a left lower lobectomy (surgical removal of the affected portion of the left lung's lower lobe). The patient recovered quickly and was discharged on February 23, 2023.

30 cms long fan blade stuck in 2-year-old's head successfully removed at Fortis Escorts, Faridabad



The baby before and after the surgery



(L-R): Dr Nitish Agarwal along with the baby, his parents and Dr Ajay Dogra, Facility Director, Fortis Escorts Hospital Faridabad

A 30 cms long fan blade, the tip of which had penetrated 3 cms inside the skull of a 2-year-old child, was removed by a team of doctors led by Dr Nitish Agarwal, Consultant -Neurosurgery, at Fortis Escorts Hospital, Faridabad. The complex surgery, conducted on February 17, 2023, lasted over three hours.

The accident had occurred while the child was playing unguarded near a running 'farrata' (a fan without the protective metal mesh cover). Upon admission at the hospital, the child was in a conscious state and cerebrospinal fluid (a clear, colourless, watery fluid that flows in and around the brain and spinal cord) was leaking from his wound. The doctors performed a left frontal craniotomy (surgical removal of part of the bone from the skull to expose the brain) and removed the fan blade. Post-surgery, the child was shifted to the Paediatric Intensive Care Unit (PICU) and later shifted to the ward. He was kept on intravenous antibiotics for seven days to prevent any infection. He was finally discharged on February 25.

Doctors at Fortis Ludhiana revive hour-old neonate suffering from poor oxygen supply to brain



A team of doctors at Fortis Hospital, Ludhiana, led by Dr Navjot Kaler, Consultant - Neonatology and Paediatrics and Dr Abhimani Sharma, Head - Emergency, successfully resuscitated a one-hour old newborn suffering from poor supply of oxygen to the brain. The baby had been delivered at another city hospital and was brought to Fortis Ludhiana on February 7, 2023, in a state of shock, without a detectable heart rate or any respiratory effort. The doctors immediately placed the patient on ventilator support and stabilised the neonate with triple inotropic and triple anti-epileptic support. The team continued to deliver high-end care for the baby throughout its 21-day hospital stay and neurological issues were taken care of by Dr Vaibhav Tandon, Consultant - Neurology. Gradually, the baby's health improved and was discharged in good health with the ability to take full spoon feeds and breastfeeds. The infant's neurological status was found to be satisfactory upon discharge.

Team of clinicians at Fortis Hospital Shalimar Bagh saves life of patient with multiple cardiac arrests



In an exemplary case of clinical excellence, doctors at Fortis Hospital, Shalimar Bagh, saved the life of 59 year old male patient, who had multiple cardiac arrests in emergency as well as Cath lab.

Dr Rashi Khare, Senior consultant - Intervention Cardiology, Dr Nityanand Tripathi, Director and HOD - Cardiology & Electrophysiology, Dr Harjeet Singh, Director - Intensive Care and their team of doctors brought the patient back to life through emergency treatment approach and expert management. The patient came to the Emergency Department with chest pain and had a cardiac arrest within a few minutes of arriving. The patient was revived with CPR and was intubated. Investigation revealed that he had severe triple vessel disease. PTCA was done on continuous CPR with IABP support. On way to the Cath lab and during PTCA patient had multiple cardiac arrests. Also, the patient had multiple VT storms in Cath lab as well as CCU.

In CCU, on day 7, he had acute CVA. Extubation was not possible, so he had to be put on tracheostomy on day 14. Again, had acute Lvf with hypotension, managed medically. Gradually, the patient was weaned of all the supports, tracheostomy removed and was discharged after 23 days stay at hospital, conscious, oriented and fully mobilized. Due to sustained efforts of our very enthusiastic team of doctors, the patient could survive the extremely difficult scenario.

Doctors at Fortis Hospital, Vasant Kunj, revive 35-year-old after cardiac arrest during emergency delivery



On the midnight of March 15, 2023, a 34+ weeks pregnant woman was brought to Fortis Hospital, Vasant Kunj, in a state of distress. The patient's oxygen saturation was 70% and her heart was functioning at 15% efficiency when she was brought to the Emergency. She was immediately shifted to the OT for an emergency C-section. However, as soon as the procedure commenced, she suffered a cardiac arrest. With the efforts of team of doctors led by Dr Nadeem, HOD - Emergency, Dr Rahul Nagpal, HOD - Paediatrics and on-duty doctors from Cardiology, Gynaecology and Critical Care, the mother was revived after four cycles of Cardio Pulmonary Resuscitation (CPR).

Both, the mother and the baby, were later shifted to respective ICUs. While the mother was discharged within a week, the baby was kept under observation for three weeks. It was another challenge for the Paediatrics Team led by Dr Rahul Nagpal, Director – Paediatrics, to ensure that the baby is discharged in a healthy condition. The baby was finally discharged on March 30, 2023.

Fortis Escorts, Okhla, New Delhi performs first 'Auto Liver Transplant' in North India



Dr Vivek Vij with the patient

A team of doctors led by Dr Vivek Vij, Chairman Liver Transplant at Fortis Escorts, Okhla Road, New Delhi, successfully conducted a challenging auto liver transplant, on a 35-year-old female patient from Kyrgyzstan, on February 12, 2023. The complex transplant procedure, which lasted for eight hours, is a first in North India. The patient was suffering from abdominal pain for the past three months and was initially evaluated in Kyrgyzstan. She was diagnosed with a parasitic infection caused by Echinococcus multilocularis, which suggested a slow-growing liver tumour with subsequent damage to the liver; 75 % of the liver was damaged. After the evaluation, doctors decided for a CT Scan which confirmed the presence of the infection and showed acute liver failure. In view of the extensive damage caused to the liver and surrounding organs, the doctors decided to conduct an auto-liver transplant.

Explained Dr Vij, "We checked the remaining normal looking liver and did volumes to see the compatibility with life and it was found that the 20-25% remaining liver volume is sufficient to give her a new life. A normal human can live with 0.8 mm of liver tissue and in this case the normal liver was more than that. During the surgery, damaged part of the liver was removed and successfully replaced with a normal part of the liver. Postoperatively, the patient had a fast recovery and was discharged on the eighth day of surgery in a stable condition without any immunosuppressant medicines, which is usually required after organ transplantation. The dissection for removal of the diseased part was quite challenging as the liver was stuck with surrounding vital structures and there was a risk of injury to vital organs along with complications and bleeding. Echinococcus multilocularis infection is a rare health condition and has about 10% chances of reoccurrence. If not treated on time and correctly, the infection might have affected the lungs, kidney, large blood vessels, and intestines of the patient. However, in this particular case, we opted for a novel technique – Auto Liver Transplant where, the damaged part of the liver was removed and replaced by healthy part of the liver. Utilizing a part of the patients own liver is a boon as immunosuppressive medicines are not required."

Milestones

Dr Pradeep Jain and team of Fortis Shalimar Bagh, New Delhi, clock 51 Robotic onco-surgeries in 107 days



Dr Pradeep Jain, Principal Director & HOD – GI & GI Oncology, Fortis Hospital, Shalimar Bagh, New Delhi, and his team has completed 51 Robotic surgery cases on March 3, 2023. The team had commenced performing the surgeries on November 17, 2022, and the milestone has been reached in just 107 days. The cases included esophagectomy for esophageal cancer, various kinds of colectomies for colon cancers, Abdomino Perianal Resection, radical cholecystectomy for Carcinoma of Gall Bladder, hepatectomy for Renal Cell Carcinoma secondary, sleeve gastrectomy/gastric bypass for morbid obesity, choledochoduodenostomy for biliary stricture, fundoplication for hiatus hernia, cholecystectomy, ventral and inguinal hernias. All the patients have done well. This is Dr Jain's 'fastest fifty' in his speciality in the country as per the data received from 'Intuitive.'

Fortis Hospital, Bannerghatta Road, Bengaluru, is first in the Fortis network to conduct UROLIFT procedure



Team Urology at Fortis Hospital, Bannerghatta Road, Bengaluru, conducted its first UROLIFT procedure on March 16, 2023. With this, Fortis BG Road has become the first hospital in the Fortis network to have conducted the procedure. The procedure involved deployment of four pillars, which is a first in the country. So far, only less than 10 procedures have been done in the country using three or less pillars. UROLIFT is an innovative endoscopic technique for Benign Prostatic Hypertrophy in selected patients, which

preserves ejaculatory function and can be done as a day care procedure, if required, under local anaesthesia. The procedure utilizes tiny implants to lift and hold the enlarged prostate tissue out of the way so it no longer blocks the urethra. There is no cutting, heating or removal of prostate tissue.

The team of doctors involved in this procedure were Dr Shakir Tabrez, Additional Director - Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Transplant and Robotic Surgery, Dr Basavaraj, Senior Consultant - Urology, Uro-Oncology, Andrology, Transplant and Robotic Surgery, Dr Karthik Rao, Consultant - Urology, Uro-Oncology, Andrology, Transplant and Robotic Surgery under the guidance of Dr Mohan Keshavamurthy, Senior Director - Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Transplant and Robotic Surgery, Fortis Hospitals Bengaluru & Chairman - Renal Sciences Specialty Council, Fortis Hospitals, India and Mr Gregory Ray from Memphis, Tennessee.

Fortis Hospital Shalimar Bagh performed 100 successful Robotic surgeries



Fortis Hospital Shalimar Bagh successfully completed 100 Robotics surgeries since the inception of the programme in November 2022. The milestone is a collective achievement of various surgical specialties - Urology, Uro-oncology, Gastrointestinal Surgery, GI-oncology, Surgical Oncology, Gynecology, Gyne-oncology General surgery and Plastic Surgery. The cutting edge Da Vinci Robotic technology has enabled our surgeons to perform complex surgeries with better precision, flexibility control and has benefited the patients with better clinical outcomes.

There were two panel discussions on Modern Technology – Elevating the Standard of Care and Customer Centricity in the Digital Era, each moderated by Mr Akshay Oleti and Mr Dakshna Moorthy respectively, with panelists well represented by major TPA & insurance organisations. The event was a grand success with attendance of around 200 people.

Dr Narayan Hulse of Fortis Bannerghatta Road performs over 300 successful Mako Robotic Joint Replacement Surgeries in about 6 months from Nov 2022 to till date



Dr Narayan Hulse, Senior Director - Department of Orthopedics, Bone & Joint Surgery, Fortis Hospital, Bannerghatta Road has completed over 300 successful Mako Robotic Joint Replacement Surgeries (total & partial knees and direct anterior hips) in about 6 months, which is a first in the state of Karnataka, since the introduction of Mako Robotic Technology at the hospital.

Accreditations & Certifications

Fortis Hospital, Vasant Kunj received fourth consecutive NABH Accreditation



Team FHVK behind successful NABH re-accreditation

Fortis Hospital, Vasant Kunj recently received its renewal certificate from NABH for the fourth consecutive time. The hospital received its first accreditation in 2009. The accreditation is given in recognition of its excellent service in the healthcare organization. This sets a promising example in demonstrating its commitment to quality care and patient safety. The doctors and staff of Fortis Hospital, Vasant Kunj have once again proved that they are providing healthcare of the highest standards and reiterate their commitment to provide the best possible care for every patient who comes to the hospital.

Fortis La Femme, GK II, New Delhi, receives NABH certificate for the fifth consecutive time



Fortis La Femme, GK II, New Delhi, has received its renewal certificate from NABH for the fifth consecutive time. The hospital received its first accreditation in 2010. The accreditation is given in recognition of its excellent services and for continued commitment to quality care and patient safety.

Special Feature



Innovation Challenge 2023 concludes with nail-biting Grand Finale

With the purpose of creating a platform for the entire organisation to innovate across hospital functions and thus enhance patient experience, we launched iThink - The Fortis Innovation Challenge in October last year. We received a total of 186 entries in clinical outcomes, nursing processes and operations, patient experience and sustainability from across our facilities. Of these, 11 innovative ideas were selected for the Finale, held recently at our flagship facility - Fortis Hospital, Gurugram.

The event kicked off with an inspiring address by Dr Ashutosh Raghuvanshi, MD & CEO and the driving force behind this Challenge. Our finalist teams, who had flown in from across the country, presented their ideas to an august jury – Mr Anil Vinayak, GCOO; Dr Bishnu Panigrahi, Head - Medical Strategy & Operations Group; Mr. Vivek Kr Goyal, Chief Financial Officer; Mr. Ranjan B Pandey, Chief Human Resources Officer; Ms. Richa Debgupta, Chief of Strategy & Operations (Chennai, Jaipur & Kolkata); and Dr. Ritu Garg, Chief Growth & Innovation Officer. The event was attended by several other Fortis dignitaries, including senior doctors and business heads, as well as Ms Elizabeth Han – Group Chief of Innovation for IHH.

Each idea presented was innovative and brilliant, with several having been tested already and capable of being scaled up for implementation across Fortis. The winning ideas were from clinical advancements and nursing innovations in the ICU, with special awards for ideas in nursing operations and sustainability initiatives. A big round of applause for all the innovators who made it tough for the jury to pick a winner!



Winner - Mr Sachin D. Kadam of Fortis Mulund for his 'Endoscopic Intra-Procedural Aqua Expeller'

1st Runner Up - Dr Anil Mandhani of FMRI, Gurugram, for 'amSafeX Catheter'



2nd Runner Up - Sister Vaishnavi, Sister Angela A.K & Team of SL Raheja Hospital, Mahim - A Fortis Associate, for 'Mother's Touch with Water Filled Gloves - Developmental Supportive Care for Neonates'

Special Award:

Mr Rahul Durani, Ms Sarabjeet of Corporate Office and Mr Ajay Pandita of FMRI, Gurugram, for their project, 'Go Green, Go Paperless'

Sister Minimole Varghese, Dr Hitesh Sanghvi and Bincy S Thomas of Fortis Mulund for 'Creation of Tracheostomy Bay & Process Standardisation'



The finalists, organisers and the Jury members

Meet Our Clinician



Dr Amrita Ghosh

Associate Consultant

Fortis C-DOC Hospital, Chirag Enclave, New Delhi

Since when have you been associated with Fortis?

I have been associated with Fortis C-DOC since 2012. I started as a Senior Resident and have grown in this institute over the years.

Tell us about your academic journey.

After completing by graduation from GMC Nagpur, I did my residential fellowship from W.H.O collaborative at the renowned M.V. Hospital for Diabetes, Chennai, under Dr Vijay Viswanathan. Further, I did my PG Diploma in Endocrinology from the University of South Wales, United Kingdom. I am a certified Insulin pump physician.

I would like to call myself a budding researcher. I have over 25 peer reviewed publications in international journals. I also have a fair bit of experience as a speaker at various national and regional diabetes fora. I am a faculty at BMJ and the Royal College of Physicians for the Diabetes course.

What do you like the most about your work?

Being a doctor gives me a lot of satisfaction. At Fortis C-DOC Hospital I get the opportunity to see various kinds of patients

from different parts of the country. Being a standalone diabetes hospital in north India with state-of-the-art facility for every investigation, the hospital makes my work very easy. I get to organise our annual conference: Ahuja Bajaj Symposium on Diabetes, which is a great learning platform. Our team does a lot of research work on Diabetes and various kinds of diet. The team is responsible for many path-breaking researches in the field of diabetes.

What are your hobbies?

Whenever I can take a break I like to travel and explore different parts of the world. I love gardening and have a passion for growing vegetables on my terrace.

Tell us a bit about your family...

My husband is a scientist at DRDO and I am a Dog Mom. I hail from the beautiful islands of Andaman and Nicobar.

Meet Our Nurse



Ms Banani Bhattacharjee
 Deputy Chief Nursing Officer
 Fortis Hospital, Anandapur, Kolkata

Since when have you been associated with Fortis and what is your overall experience?

I joined Fortis Anandpur, Kolkata, in 2010, which was the very beginning of this unit, as ICU Supervisor. I was then promoted as Assistant Chief of Nursing in 2019 and later on as Deputy Chief of Nursing in 2022. Overall, I have nursing experience in critical care areas for almost 24 years.

Tell us about your academic journey.

I started my professional education as GNM in Assembly of God Church Hospital, Kolkata, and passed out in 1998. Later, I completed my Post Basic BSc Nursing from Bharathi College of Nursing, Bangalore, in 2013.

What do you like the most about your work?

I like meeting patients; their relatives and other staffs and this experience helps me to have pace continuously towards

betterment in my work. This ability again helps me in dealing with challenges at work and motivate me at all times.

How has been your experience at Fortis?

My experience with Fortis has been very dynamic and educative as I started my innings with a few OPDs to a full-fledged 230 bedded multi-speciality hospital. Clinical and administrative challenges enrich me every day. I feel like Fortis is my second home.

Other than professional work, I always try to make some time for engaging myself in motivating talk with my juniors apart from delivering health talks.

What are your hobbies?

My hobbies are cooking, interior decoration, listening to music and travelling as much I can.

Community Connect

Fortis Mohali organises workshop on 'Building Lean, Green and Digital Hospitals'



Glimpses from the event



Dr Shweta Prabhakar, Head - Quality & Patient Safety, Fortis Mohali



Fortis Hospital Mohali organised a workshop on 'Building Lean, Green and Digital Hospitals' in collaboration with Chitkara University and Monash University, Australia. The objective of the workshop was to discuss mechanisms for implementation of lean, green and digital healthcare practices. The team from Monash University led by Prof Amrik Sohal held a discussion with the Fortis Mohali leadership including Ashish Bhatia, COO-Rest of India, and Abhijit Singh, Head-SBU, Fortis Mohali. The workshop involved 40 hospital representatives from the region, including Chitkara University, PGIMER Chandigarh, and Fortis Mohali. Monash University led the workshop, providing expert insights and facilitating group discussions on the implementation of lean, green, and digital healthcare practices in hospitals. They also discussed the current situation and strategic approach for the commencement of change.

Fortis Hospitals, Bengaluru, organise Annual Insurance and TPA meet



Fortis Hospitals, Bengaluru, organised the annual insurance and TPA meet on March 17, 2023. The programme commenced with lighting of the lamp by Mr Dakshna Moorthy, Head - Domestic Sales & Collections, Fortis Healthcare, Mr Akshay Oleti, Business Head, Fortis Hospitals, Bengaluru, Mr Anand Angadi, Facility Director, Fortis Hospital,

Cunningham Road, Dr (Wgcdr) A. Nagasubramaniam, Facility Director, Fortis Hospital, Rajajinagar, Mr Raghuram MD, Facility Director, Fortis Hospital, Richmond Road and Mr Faraz Ahmed, General Manager – Sales, Fortis Hospitals, Bengaluru. Mr Dakshna Moorthy addressed the gathering with a welcome speech followed by a presentation on journey of excellence of Fortis Hospitals, Bengaluru by Mr Akshay Oleti.

There were two panel discussions on Modern Technology – Elevating the Standard of Care and Customer Centricity in the Digital Era, each moderated by Mr Akshay Oleti and Mr Dakshna Moorthy respectively, with panelists well represented by major TPA & insurance organisations. The event was a grand success with attendance of around 200 people.

Fortis Bannerghatta Road, Bengaluru exhibits art installation of kidney, to raise awareness, on World Kidney Day



Fortis Hospital, Bannerghatta Road, Bengaluru, on the occasion of World Kidney Day on March 9, 2023, organised an event to create awareness on the importance of kidney health. Renowned Kannada film actress and former Member of the Karnataka Legislative Council, Ms Tara, unveiled an art installation of the kidney organ, made of mud from the graves of Varanasi, in the presence of Dr Mohan Keshavamurthy, Senior Director - Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Transplant and Robotic Surgery, Fortis Hospitals Bengaluru & Chairman - Renal Sciences Speciality Council; Dr Shakir Tabrez, Additional Director - Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Transplant and Robotic Surgery, Fortis Hospital, Cunningham Road and Mr Akshay Oleti, Business Head, Fortis Hospitals, Bengaluru. The idea stems from the insight that people are ready to allow their organs to be burnt and wasted, but they aren't willing to let their organs give a new life to someone. The installation is to create awareness about the need of kidney donation while also urging everyone to sign up and become organ donors.

Based on the theme "Rescue, Repair and Renew your Kidneys," the event witnessed awareness talks on importance of kidneys for overall health and launch of Kidney Function Test package. The event was a grand success with attendance from staff across departments. A couple of patients who received treatment for their kidney problems at the hospital also shared their experiences.

Uzbekistan Health Minister meets Fortis clinicians and leaders to explore collaboration possibilities



Fortis Hospital, Noida, welcomed H.E. Mirzajonov Azizbek, Minister of Health, Andijan, Uzbekistan to India on March 1, 2023. The meeting with the honorable Minister was fruitful with Fortis Hospitals getting an opportunity to showcase its world-class infrastructure, state-of-the-art hospitals equipped with the most advanced medical equipment and the finest clinical talent, required for clinical outcomes comparable with the best in the world.

The honourable Minister held discussions with senior clinicians from various specialities and the leadership team regarding ways to collaborate and help each other, especially in the field of skill development and capacity building for the people of Andijan region in Uzbekistan.

Fortis Hospital, Mulund & Hiranandani Hospital, Vashi participate in Arogya Mela



(2nd from R) Ms Priya Sawant with her team & the attendees at Arogya Mela



(C) Ms Priya Sawant & Ms Jyoti Karadkar at the booth



Hiranandani Hospital, Vashi's Dr. Pramod Bhor's video on robotic knee replacement being played



Team from Hiranandani Hospital, Vashi engages with participants

On April 6, 2023, an Arogya Mela (health camp) was organised at Powai by a large multinational company. Fortis Hospital, Mulund & Hiranandani Hospital, Vashi-A Fortis Network Hospital along with 14 other tertiary care hospitals across Mumbai participated in the event. Fortis Mulund's

focus was on Organ Donation awareness – which was done by conducting various engagement activities. The hospital's Medical Social Worker also interacted with the visitors to share the importance of Organ Donation and the hospital's activities as a transplant centre. Alongside, a quiz was held and a caricature artist was invited to create personalised portraits for the winners. The hospital team witnessed engagement and support from over 500 visitors, helping collect 61 Organ Donation forms. The drive for Fortis Mulund was helmed by Ms Priya Sawant, Head-Corporate Sales, with support from Social Worker Ms Jyoti Karadkar, and the Branding Team Ms Gayatri Pandey and Ms Harsha Abhang.

Hiranandani Hospital, Vashi's focus, on the other hand, was on building awareness about the advancements in orthopaedic surgery. The team spoke about the orthopaedic team, helmed by Dr Pramod Bhor, and its successes, including the completion of 100+ successful robotic knee replacement surgeries. Brochures and discount coupons were also handed out. An AV screen that showcased Dr Pramod Bhor explaining his successful interventions using the Cuvix Joint Robotic System was displayed. The hospital team interacted with over 350 visitors. The drive for Hiranandani Hospital, Vashi was helmed by Ms Tejashree Khandekar, Head - Corporate Sales, with support from Mr Dany Davis, Team Leader and Mr Sachin Chaudhari, Executive.

Over 200 doctors participate in Fortis Noida's '7th Western UP Neurosciences Update on Spine and Spinal Cord Diseases'

Fortis Hospital, Noida, organised the 7th Western UP Neurosciences Update on 'Spine and Spinal Cord Diseases' on April 2, 2023. More than 200 doctors from Delhi NCR and the upcountry region of Uttar Pradesh participated in the event focussing on sharing



knowledge about different aspects of neuro and spine surgeries.

The event was graced by Mr Anil Vinayak, Group Chief Operating Officer, Fortis Healthcare and Mr Mohit Singh, Head - SBU, Noida, apart from senior Fortis Noida clinicians including Dr Rahul Gupta, Director - Neuro & Spine Surgery, Dr Jyoti Bala Sharma, Director - Neurology and Dr Kapil Sharma, Director - Neurology.

Fortis Jaipur organises 'Rendezvous for PSUs'



Fortis Escorts Hospital, Jaipur, organised a Rendezvous meet at Jaipur on March 17, 2023. The meet included a series of events curated for promoting networking and interactions with Public Sector Units (PSUs) and Govt Partners. The theme of the meet was 'Development of PSU Relationship & Collection SPOC.' The first-of-its-kind meet at Jaipur brought together key decision makers responsible for various aspects of healthcare delivery to PSUs, from empanelment to bill processing. The event attracted over 100 participants from various PSUs & Govt institutions from the Jaipur Region.

The evening started with a welcome address by Mr Neerav Bansal, Zonal Director, followed by a brief interaction of all the leaders present. Dr Sunil Kausal, Director & HOD - Paediatric CTVS, Dr Rakesh Chiitora, Director & Unit Head - CTVS, Dr Sundeep Jain, Director & Head - GI, GI Oncology, HPB, Bariatric & Minimal Access Surgery, Dr Vivek Vaid, Additional Director - Neurosurgery, Dr Pankaj Anand, Additional Director – Internal Medicine & Critical Care Medicine, Dr Vikas Gupta, Additional Director - Neurology, Dr Divesh Goyal, Senior Consultant - Oncology, Dr Vinod Sharma and Associate Consultant – Pulmonology, gave a brief overview of their departments. Mr Siddharth Datta, National Head - PSU & Government, addressed the guests and proposed the vote of thanks. The event concluded with a musical evening and dinner.

Dietetics Department of Fortis Memorial, Gurugram, organises seminar on renal nutrition



The Dietetics Department of Fortis Memorial Research Institute (FMRI), Gurugram, in association with IAPEN Delhi chapter, organised a seminar on 'Renal Nutrition - Then and Now' on April 15, 2023, at the FMRI premises. The objective of the seminar was to provide updates on nutrition for renal patients to nutritionists and the medical team. Over 85 participants attended, including medical team members from FMRI as well as attendees from various cities in India. Senior dietetics team and doctors from Delhi NCR were the speakers and chairpersons, with a special guest of honour from PGIMER Chandigarh. The seminar also included a presentation on a case project done in FMRI's dialysis unit on sarcopenia.

Hiranandani Hospital, Vashi hosts Blood donation camp in association with Mazagon Dock Limited, over 450 employees donate blood



The blood donation camp is underway



(Centre) Ms. Monika Ramugade, Team Leader, Corporates Sales, Hiranandani Hospital, Vashi being honoured at the camp

Hiranandani Hospital, Vashi-A Fortis Network Hospital on March 16th 2023 organised a blood donation camp in association with Mazagon Dock Limited. Over 450 employees of Mazagon Dock came forward for voluntary blood donation, under this initiative. The initiative was helmed by Ms. Monika Ramugade, Team Leader-Corporate Sales, Hiranandani Hospital, Vashi-A Fortis Network Hospital. On this occasion, Ms. Ramugade was also honoured for taking the initiative and driving this engagement.

Fortis Mulund felicitates Rotary Club of Mumbai-Mulund South for helping fund over 150 paediatric cardiac surgeries



(Seated C) Dr S. Narayani with the paediatric cardiac team, HODs, clinicians, patients & their families along with Rotary Club representatives



(R-L) Ms Rinku Mavani, Business Partner-Sales, Fortis Hospitals Mumbai with Rtn Praveen Khattar



(L-R) Dr S. Narayani, Business Head-Fortis Hospitals Maharashtra with Rtn Shailesh Parekh

On April 8, 2023, Fortis Hospital, Mulund, honoured members of the Rotary Club of Mumbai-Mulund South for their contribution and financial support towards Paediatric Cardiac surgeries for underprivileged children. The Rotary team was felicitated by Dr S. Narayani, Business Head-Fortis

Hospitals, Maharashtra. The Paediatric Cardiac team at Fortis Hospital, Mulund, has performed 151 surgeries in children in the age group of 6 months to 17 years, with the support of the Rotary Club of Mumbai-Mulund South.

Dr Narayani said, "Our heartfelt gratitude to Rotary members helping us drive these lifesaving surgeries for children from disempowered backgrounds. We at Fortis believe that every child deserves access to quality healthcare, regardless of their socioeconomic background, and this is a positive step on that front." The event was attended by Rotary members, paediatric cardiac patients with their parents, and the Paediatric Cardiac team, including Dr Dhananjay Malankar, Consultant-Paediatric Cardiac Surgeon, Dr Swati Garekar, Consultant-Paediatric Cardiologist, Dr Sachin Patil, Lead Paediatric Anaesthetist & Intensivist, Dr Shivaji Mali, Paediatric Anaesthetist & Intensivist, Dr Shyam Dhake, Consultant-Paediatric Anaesthesiologist & Intensivist, Dr Bharat Soni, Consultant Paediatric Cardiac Surgeon, and Ms Manasi, Chief Paediatric Cardiac ICU Nurse & her team, at Fortis Hospital Mulund.

Fortis Memorial, Gurugram, organises two-day CPR training for Gurugram Police



A total of 200 police personnel, including Shri Nitish Aggarwal, IPS, DCP East, Gurugram, and Sh Sanjeev Kumar, HPS, ACP Sadar, participated in a two-day CPR training session organised by Fortis Memorial Research Institute, Gurugram, during April 17-18, 2023. The event was led by Dr Harmeet Singh, Head - Emergency. The training aimed at equipping the police personnel with life-saving skills to respond effectively to medical emergencies.

Fortis Hospital, Bannerghatta Road, Bengaluru, organises CME on 'Prevention of Surgical Site Infection'



The HIPAC Team at Fortis Hospital, Bannerghatta Road, Bengaluru, organised a CME on the Prevention of Surgical Site Infection (SSI), on March 20, 2023. The programme commenced with lighting of lamp by Mr Akshay Oleti, Head - SBU, Bengaluru, Dr Murali Chakravarthy, Director - Clinical Affairs, Dr Priya Goutham, Medical Director, Mr Praveen Wali, Operations Head, Ms Latha Nonis, Chief Nursing Officer, Ms Sunithamma Tomy Deputy, Chief of Nursing, Dr Yamini K. R., Senior Manager - Medical Administration, Dr Sunay Mahesh, Senior Manager – Medical Administration, Dr Jaya Prakash, Senior Consultant – Anaesthesia, Dr Pruthu N. Dhekane, Consultant - Infectious Diseases and Dr Ashwini Sondakar, Infection Control Officer.

Ms Thejasvini A, Infection Control Nurse, took a session on 'Pre -antiseptic shower in SSI prevention.' A talk on 'Can OR traffic affect SSI rate' was delivered by Ms Priyadarshini R, Infection Control Nurse followed by a session on 'Normothermia's impact on SSI prevention' by Dr Murali Chakravarthy. Dr Jaya Prakash took a session titled 'Tight glycaemic control from pre to postoperative.' The event also witnessed sessions on 'Post-op wound follow up' and 'Care and current guidelines on SSI prevention' by Dr Yamini K. R. and Dr Ashwini Sondakar respectively. The programme was a grand success with participation from 70 doctors and nurses who utilised the opportunity to improve their skills on better patient outcome in view of preventing surgical site infections.

Over 65 clinicians participate in Fortis Noida's workshop on point-of-care ultrasound



Fortis Hospital, Noida's Department of Emergency Medicine and Department of Cardiology organised 'POCUS Masterclass Workshop - Basic of Ultrasound' on April 16, 2023. Point of care ultrasound (POCUS) is quick and available at the patient's bedside, and there is no radiation exposure associated with ultrasound like there would be with an X-ray or CT scan. POCUS has become the standard of care for clinicians in Emergency Medicine and is able to provide a large amount of information for common presentations seen within the department.

This workshop focused on providing an understanding of ECHO Cardiography, Lung Ultrasound, Sonography and Abdominal FAST along with ONSD and AIRWAY ultrasound. The activity was well-received with participation of 65 faculties from government and corporate institutions of Delhi-NCR.

231 nurses participate in 'RISE' hands-on workshop held at Fortis Escorts Hospital, Amritsar



Fortis Escort Hospital, Amritsar (FEHA) in collaboration with an external partner organised the 'RISE' (Rationale Infusion Standard of Excellence) workshop on April 15, 2023. The conference began with lamp lighting and welcome address by Dr Romy, Medical Superintendent, Gurbaksh Kaur Bedi, CNO and Critical Care team.

The workshop aimed at creating awareness about the best possible practices in vascular access management and providing scientific approaches to prevent intra-venous (IV) complications such as CLABSI, phlebitis, infiltration and dislodgement of catheter. It covered insertion and maintenance strategies of central venous catheter and peripheral catheter. The workshop provided the nurses with an ideal combination of learning and hands-on demonstration using mannequins. The event was attended by over 231 nurses from FEHA. Post training, the attendees received e- certificates. The workshop was well appreciated by the participants.

Engagement

Fortis Hospital, Bannerghatta Road, Bengaluru, hosts Annual Service Milestone Awards



Fortis Hospital, Bannerghatta Road, Bengaluru, in recognition of the exemplary contribution, dedication and commitment of its clinicians and employees, hosted the Annual Service Milestone Awards on March 24, 2023. As part of the awards ceremony, senior clinicians and employees, who had completed 5, 10, 15 & 25 years with the organisation in FY2022-23, were felicitated. The event commenced with prayers sung by nursing trainees and lamp lighting by Mr Akshay Oleti, Business Head, Fortis Hospitals, Bengaluru, senior clinicians and the leadership team. As a token of appreciation, more than 100 employees who completed 25, 15 & 10 years of service were felicitated with gold coins, acknowledgment certificate and an appreciation letter. Employees who completed five years of their service were presented with watches and certificates.

Session on palliative care held at Hiranandani Hospital, Vashi



(Center) Ms Gilly Burn with Dr Trupti Rathod and the nursing team

(Center) Ms Gilly Burn with HODs, consultants, and nursing teams at the session

Over 45 clinical staff, including doctors, nurses and mental health professionals, attended a session on palliative care at Hiranandani Hospital, Vashi - A Fortis Network Hospital, on March 16, 2023. Ms Gilly Burn, Director - Care Response International & Founder Director - Cancer Relief India, from the United Kingdom, delivered an interactive and informative lecture on the topic 'Palliative Care in Health Professional Education.' Towards the end of the session, Ms Burn answered questions related to various aspects of palliative care. She was then felicitated by Mr Nitin Kamaria, Facility Director and Dr Trupti Rathod, Head - Medical Services. The session was appreciated by all the participants.

70 dialysis technicians get hands-on training at Fortis Vasant Kunj, New Delhi, on World Kidney Day



Cake Cutting with doctors



Cake cutting with patients



Dialysis Technicians



Dr Suman Lata being felicitated

On the occasion of World Kidney Day on March 9, 2023, Fortis Hospital, Vasant Kunj, New Delhi, organised a 'Renal Dialysis Technician Certification Course' for dialysis technicians from healthcare facilities in the hospital's vicinity. The training was guided by the Nephrology & Kidney Transplant Team, led by Dr Sanjeev Gulati, Principal Director; Dr Suman Lata, Director and Dr Tarun Kaushik, Additional Director. Over 70 dialysis technicians attended the day-long course. The hospital was also lit in green, badges were distributed, cake cutting was done with patients and the dialysis unit was decorated as part of the event.

Fortis Hospital Cunningham Road organises Fire Safety Training session for all its staff



Fortis Hospital Cunningham Road organized fire safety training sessions for all its staff in the unit. The sessions were conducted in two batches for two consecutive days, first batch being trained on 27th and 28th of February 2023 and second batch on 7th and 8th of March 2023. Fire Safety training is a fundamental aspect in today's time for all the healthcare workers. This training helps the learners to hone the skills and knowledge to combat any unanticipated fire breakout. Considering the same, the hospital conducted training sessions majorly focusing on fire prevention and firefighting under uncertain situations and acting on it spontaneously. The sessions were conducted by Mr. R. A Mundkar, Fire and Emergency Services Academy (Government of Karnataka). Post the training, staff were issued with certificates endorsed by the academy on behalf of Government of Karnataka. The training programme was a grand success with participation of over 30 people from paramedical, non-medical and nursing departments.

On World Kidney Day, Fortis Jaipur spreads awareness with panel discussion



Fortis Jaipur organised a panel discussion on 'How to Keep Kidneys Healthy' on March 18, 2023, as part of World Kidney Day. The event started with the welcome address by Dr Mala Airun, Director - Medical Operations. The panelists included Dr Sandeep Gupta, Additional Director - Urology & Kidney Transplant, Dr Madhusudan Patodia, Senior Consultant - Urology & Kidney Transplant, Dr Vikram Aurora, Senior Consultant - Urology, Dr Rajesh Garsa, Senior Consultant Nephrologist & Kidney Transplant Physician and Dr Radhika Govil, Associate Consultant - Nephrologist & Kidney Transplant Physician. Key personnel including president and secretaries of over 25 social groups participated in the event. The event concluded with a vote of thanks by Mr Neerav Bansal, Head – SBU.

Over 320 nurses attend Fortis Hospital, Mulund's 'RISE' workshop



Lamp lighting & inauguration of the workshop by the hands of (L-R) Ms Persis Geo (New Joiner Nurse), Ms Shraddha Joshi (Deputy Manager-L&D), Ms Ashlin Thomas (Asst. Manager-Quality), Ms Merina Alex (DCNO), Ms Minimole Varghese (CNO), Ms Michelle (3M expert) and Ms Bincy Thomas (Nurse Educator)



(R) Ms Minimole Varghese (CNO) addressing the gathering

Fortis Hospital, Mulund, in collaboration with an external partner organised the 'RISE' (Rationale Infusion Standard of Excellence) workshop during March 14-15, 2023. It was the first of its kind workshop to be conducted in the state of Maharashtra. The conference began with the inauguration ceremony, followed by lamp lighting by dignitaries, and then the welcome address by Ms Minimole Varghese, Chief Nursing Officer, and Ms Ashlin Thomas, Assistant Manager-Quality, Fortis Hospital Mulund.

The workshop aimed at creating awareness about the best practices in Vascular Access Management and providing scientific approaches to prevent I.V complications like CRBSI, Phlebitis, Infiltration, Occlusion, Dislodgement etc. It covered insertion and maintenance strategies for both Central and Peripheral VADs. The workshop provided the nurses with an ideal combination of learning and hands-on demonstration using mannequins. It was conducted in a 'walk-in and learn' model, where nursing teams visited the workshop in batches and went through the module in 30 to 40 mins. The event was attended by over 320 nurses from Fortis Hospital, Mulund. Post training, the attendees also received e-certificates for their participation. The workshop was well appreciated by all.



RISE training in progress

First batch of 15 nurses completes 3-month specialised 'Onco Nursing Training' at Fortis Anandapur, Kolkata



Lamp-lighting ceremony



The certification programme



Dr Prantar Chakraborty, Hemato-Oncologist, taking the session



Mr Ashish Mukherjee, Facility Director and Dr Prantar Chakraborty, Hemato-Oncologist, presenting certificate to the nurses

A convocation was organised at Fortis Hospital, Anandapur, Kolkata, on March 17, 2023, to felicitate the first batch of 15 nurses who completed a three-month specialised Oncology nursing training. The event commenced with a lamp-lighting ceremony in the presence of Mr Ashish Mukherjee, Facility Director, Dr Prantar Chakraborty, Haemato-Oncology, Ms Doli Biswas, Chief Nursing Officer, Ms Banani Bhattacharjee, DCNO and Capt Nivedita Ganguly, Infection Control Nurse Manager. The second batch of 16 nurses were also welcomed on the occasion.

The participants of the course received hands-on training in taking care of patients undergoing Chemotherapy. The curriculum, designed and developed in-house to meet the specific needs of Oncology nursing, includes in-depth study of Cytotoxic drugs, their safe administration and appropriate procedures to deal with potentially hazardous situations.

Fortis Ludhiana inaugurates unique 'Fire Wall' to inspire confidence and spread fire safety awareness among employees



Fortis Hospital, Ludhiana, has unveiled a 'Fire Wall' to drive home the message of fire safety among employees. The Security & Safety Team led by Mr Ankush Kohli, Chief Security Officer, came up with the ingenious idea of creating a 'Fire Wall' prominently near the employees and staff entry-exit gate of the hospital, displaying the Fire Fighting equipment available at the hospital. The initiative aims to inspire confidence amongst the employees and staff about the availability of adequate Fire Fighting equipment, should a need arise. It also sensitises staff to contribute towards fire safety by staying vigilant, voluntarily participating in fire safety training and adhering to all safety protocols.

The Fire Wall was inaugurated on February 24, 2023, by Lt Col. Sumesh Gosain, Head - Asset Protection and Fraud Prevention and Dr Vishavdeep Goyal, Head SBU, Fortis Hospital, Ludhiana and Amritsar. The Chief Security Officer, Fire & Safety Officer, Head Administration, Chief of Nursing, HODs of Engineering, Quality Assurance, Human Resource and other team members from General Administration and Medical Administration were present during the ceremony.

Lt Col. Sumesh Gosain, during his address, applauded the good initiative on 'Fire Prevention' by the Security & Safety Team at Fortis Ludhiana and encouraged them to further strengthen the various Fire Safety aspects at the unit.

Fortis Memorial, Gurugram, hosts scientific session to create awareness on rising burden of tuberculosis



To mark World Tuberculosis Day, Fortis Memorial Research Institute, Gurugram, organised a scientific session on March 24, 2023, to share insights about the burden of tuberculosis, its changing and increasing virulence and resistance, better updated diagnostic modalities and its management strategies in a comprehensive approach and efforts to end TB. The guests of honour at the event were Dr Deepak Bhatia, President, Indian Medical Association Gurugram and Dr Naresh Sharma, President, Association of surgeons India (ASI) Gurugram. The event was organised by Dr Rahul Bhargava, Principal Director and Chief - Hematology and BMT, Fortis Memorial Research Institute, Gurugram along with Dr Neha Rastogi Panda, Consultant - Infectious Diseases, Fortis Memorial Research Institute. The team will be starting with TB registry to know the exact incidence of TB in newer age cancer treatment and bone marrow transplant.

Fortis Ludhiana's Fortis Premier Cricket League draws enthusiastic response from staff members



Fortis Hospital, Ludhiana, organised the Fortis Premier Cricket League on March 26, 2023, at the PAU Cricket Stadium, Ludhiana. Four teams - Fortis Kings, Fortis Chargers, Fortis Lions and Fortis Titans - participated in the tournament. Each team had players from various groups, including doctors, nurses, paramedics, non-medical staff, housekeeping, security, and food and beverages, among others. Fortis Kings won the tournament, while Fortis Lions was the runners-up.

Dr Vishavdeep Goyal, Head - SBU, congratulated the winners and the runners-up. He lauded the sportsmanship displayed by the teams and thanked the audience for their enthusiastic participation. It was a great event with lots of fun activities.

Events



Fortis observes International Women's Day

Fortis Hospital & Kidney Institute, Kolkata



International Women's Day 2023 was celebrated at Fortis Hospital & Kidney Institute (FHKI), Kolkata, with a shower of gifts to honour the female workforce of the hospital. On the occasion, the members of the Core Administration went around the hospital, presenting gifts, cards and pink roses to the women employees. A cake embossed with message 'Celebrating the Elegance of Womanhood 2023' was cut by the women employees along with Dr Anusuya Bose, Medical Superintendent, FHKI-FMC, in presence of Mr Subhendu Prakash, Facility Director, FHKI-FMC, Mr Joydeb Mukherjee, Unit Finance Controller, FHKI-FMC and other staff members.

Fortis units in Mumbai



All Fortis hospitals in Mumbai, including Fortis Hospital, Mulund, Fortis Hospital, Kalyan, SL Raheja Hospital, Mahim and Hiranandani Hospital, Vashi, celebrated International Women's Day, 2023, with great fanfare and enthusiasm. The women employees were appreciated for their constructive role in helping Fortis in Mumbai succeed.

Fortis Escorts Hospital, Amritsar



International Women's Day 2023 was celebrated at Fortis Escorts Hospital, Amritsar, with lots of activities, games and recognition of the women employees at the hospital.

Dr Vikram Aggarwal, Facility Director; Dr Romy Jabbal, Medical Superintendent and Sister Gurbaksh Kaur, CNO, felicitated nurses for their extraordinary services in the presence of all staff members. The third floor was awarded as the best area of service for the quarter October-December '22.

Fortis Escorts, Okhla, New Delhi



Fortis Escorts, Okhla, New Delhi, celebrated International Women's Day with joy and enthusiasm. The women employees were appreciated and recognised with a number of activities. The celebrations began with a lighting of the ceremonial lamp followed by a cultural dance by the Little Angels (Team Nursing). A session of meditation and spiritual talk by the Brahmakumaris, a spiritual organisation, was organised. The felicitation ceremony was done in the presence of Mr Bidesh

Chandra Paul, Head - SBU, Dr Amrita Gupta, Medical Director, Ms Minimole John, Chief of Nursing, Ms Sangeeta Dua, Head Admin, Team Patient Experience and Nursing.

Mr Bidesh Chandra Paul highly appreciated the women employees for their commitment and contribution towards patient care. He acknowledge the courageous and self-less work done by the women employees and inspired them to continue to work with same dedication. The vote of thanks was given by Ms Minimole John. The ceremony was followed by cake cutting.

Fortis Hospital, Mohali



Dr Rabia Kapur, Lactation and Fitness Consultant, with the participants



Abhijit Singh, Head-SBU, felicitating (centre) Dr Parvinder Chawla, Senior Consultant, Internal Medicine, Fortis Hospital, Mohali



Dr Bhupinderjit Waraich, Senior Consultant, Department of Mental Health and Behavioural Sciences, with the women inmates of Burail Jail.



A Series of Events were organised by Fortis Hospital Mohali to commemorate International Women's Day. An interactive session was conducted by Dr Bhupinderjit Waraich, Senior Consultant, Department of Mental Health and Behavioural Sciences, Fortis Mohali, for the women inmates of Burail Jail, Chandigarh. More than 40 jail inmates were briefed on how to reduce stress from life.

The HR Department, Fortis Mohali, also felicitated the women staff and gifted them with plant saplings. Mamma Mia, the Support Group for expecting mothers at Fortis Mohali, celebrated Women's Day from 9th-18th March. Dr Rabia Kapur, Lactation and Fitness Consultant, gifted hampers and prizes to the participants.



Fortis Observes World Kidney Day

Fortis Hospital & Kidney Institute, Kolkata



Dr. R. K. Gopala Krishna; Dr. Shivaji Basu; Dr. Shrinivas Narayan

Fortis Hospital & Kidney Institute, Kolkata, celebrated World Kidney Day on March 9, 2023, with a slew of awareness building activities. Dr Shivaji Basu, Director - Urology, Dr R. K. Gopala Krishna, Director - Urology, and Dr Shrinivas Narayan, Director - Urology spoke on 'Kidney cancer and surgical aspect of kidney transplant' while Dr Upal Sengupta, Senior Consultant-Nephrologist spoke on 'Kidney diseases: Its causes, symptoms and treatment, Dr Manik Kataruka, Consultant - Nephrology shared tips on keeping kidneys healthy, during sessions aired live on social media. As a prelude to the event, a week long radio campaign focusing on kidney care and prevention of kidney diseases was aired. World Kidney Day messages were displayed through a prominent drop-down banner, covering part of the hospital's facade. A health check-up camp was organised for the public. A cake was also cut in the presence of Dr Arup Ratan Dutta, Director - Nephrology, Dr R. K. Gopala Krishna, Director - Urology, Dr Upal Sengupta, Senior Consultant-Nephrologist, Dr Manik Kataruka, Consultant-Nephrology, Mr Subhendu Prakash, Facility Director, other consultants and staff.

Fortis Escorts, Okhla, New Delhi



To mark World Kidney Day on March 9, 2023, Fortis Escorts, Okhla, organised several activities to create awareness about kidney health. The activities, spread over three days, included badge distribution, distribution of cards with messages aimed at inspiring patients fighting kidney diseases, photo booth, health camps and health talks in neighbourhood areas. Human kidney formation followed by balloon release was done in the presence of Prof (Dr) Ashok Seth, Chairman - Fortis Escorts Heart Institute & Fortis Healthcare Medical Council, Dr Sanjeev Gulati, Principal Director - Nephrology & Kidney Transplant, Dr Ajit Singh Narula, Principal Director - Nephrology & Kidney Transplant, Dr Atul Mathur, Executive Director - Interventional Cardiology, Dr Paresh Jain, Director - Urology & Kidney Transplant, Mr Bidesh Chandra Paul, Head - SBU and other team members of administration and nursing.

On the occasion, the hospital building was illuminated with green light to salute the kidney disease warriors.

Fortis Memorial Research Institute, Gurugram



Fortis Memorial Research Institute, Gurugram, hosted a World Kidney Day event to raise awareness about kidney health and promote healthy lifestyle. The two-day event commenced on March 11, 2023, with a welcome note from Dr Salil Jain, Director & HOD - Nephrology and Kidney Transplant. The event attracted over 100 attendees, including dialysis and transplant patients.

One of the main highlights was a yoga session led by a Yoga instructor who had undergone a kidney transplant. The audience also had an opportunity to learn about daily care for transplant patients from experts like Dr Anil Mandhani, Executive Director - Urology & Kidney Transplant, Dr Yogeshman Anand, Dr Ashwini Gadde, Dr Varun Gosain and Dr Shraddha Lohia (Nephrology Department). Patients also showcased their talents during a talent show. Donors were felicitated by Mr Mahipal Singh Bhanot - Business Head, FMRI, Shalimar Bagh, Vasant Kunj and Defence Colony. Interactions with dieticians and the Mental Health team provided the audience with a holistic approach to kidney health.

Fortis Hospital, Mohali



Glimpses from the event

Fortis Hospital Mohali celebrated World Kidney Day with Sahaayak - 'a support group for dialysis patients' on March 9, 2023. Nearly 35 patients accompanied by their attendants took part in the session. The purpose of the meet was to provide dialysis patients and their families an opportunity to discuss their medical, dietary and psychological issues with the medical experts. The event started with the ceremonial lamp-lighting by the dialysis patients in the presence of Abhijit Singh, Head-SBU; Dr Vikramjit Singh, Medical Director; Dr HJS Gill, Additional Director, Nephrology; Dr Amit Sharma, Senior Consultant, Nephrology; Dr Sahil Rally, Consultant, Kidney Transplant; and Dr Sunil Kumar, Senior Consultant and Kidney Transplant Surgeon. Dr Gill interacted with the patients on the latest developments in the field of dialysis. Dr Sharma advised the patients for early diagnosis to prevent kidney disease. Several dialysis patients also shared their experiences. The Sahaayak members were felicitated on the occasion.

'Ortho Joint Support Group' launched at Hiranandani Hospital, Vashi on the occasion of 100+ successful robotic knee replacement surgeries



Lamp lighting ceremony by (L) Mr Nitin Kamaria & (r) Dr Pramod Bhor



(Extreme right) Dr Pramod Bhor cutting the celebratory cake with patients



Launch of the 'Ortho Joint Support Group' by (L) Dr Pramod Bhor & (R) Mr Nitin Kamaria



Patients sharing their experience at this event

The completion of 100+ successful Cuvis robotic knee replacement surgeries was celebrated at Hiranandani Hospital, Vashi with much fanfare on 25th March 2023. At this occasion, the 'Ortho Joint Support Group' was launched, with much support and enthusiasm from the patients and their families. All the patients who had undergone robotic knee replacement surgery at the hospital were invited for this celebration. Lamp lighting ceremony was done by the hands of Dr Pramod Bhor-Director & Head, Orthopaedic Department, and Mr. Nitin Kamaria-Facility Director, Hiranandani Hospital Vashi. During this event, patients and their families shared their feedback about their pre-

and post-surgery experience, as well as their experience during the stay in hospital. The programme was attended and appreciated by 70 patients, HODs, administrative & support teams and the nursing teams.

Mumbai Branch of Indian Academy of Paediatrics (MBIAP) hosts IAP-NRP-FGM program at Fortis Hospital, Mulund



Mumbai Branch of Indian Academy of Paediatrics (MBIAP) hosted IAP-NRP-FGM program on 12th March 2023, at Fortis Hospital Mulund, Mumbai. 'IAP-NRP-FGM, The New-born Resuscitation Program: First Golden Minute Project' is a structured program which aims to train about 200,000 health professionals in basic and advance new-born care and resuscitation, with an aim to have one NRP trained person available during every delivery. Thirty-one IAP/ NNF members, four emergency dept. members, four Anaesthetists and four nurses registered, attended the program, and got a 100% scoring.

The attending delegates gave great feedback; they interacted very well and enthusiastically participated in all the practicals. Dr Sameer Sadawarte, Senior Consultant Neonatology & Paediatrics, Fortis Hospital, Mulund was the Course Coordinator as well as faculty. The team gave a big shout out to Fortis Hospital Mulund's management team Dr S. Narayani, Business Head-Maharashtra, Dr Manisha Pathak, Head-Medical Services, and Mr Mohit Wankhede, Head-Administration for their unwavering support.

Mock disaster management drill held at Fortis La Femme, GK II, New Delhi



Delhi Disaster Management Authority (DDMA) conducted a mock drill under the guidance and supervision of the Sub Divisional Magistrate and the Station House Officer – Delhi Police, South Delhi on March 24, 2023. About 20 'earthquake victims' were brought to Fortis La Femme, GK II, New Delhi, as cases of fracture, head injury and in a state of unconsciousness by the Centralised Accident and Trauma Services (CATS) ambulances and Police vans. The entire OPD floor was converted into an ER set up and the cases were handled very well by our medical, paramedical and admin teams as per the 'Code Yellow' Standard Operating Procedure.

The authorities were appreciative of the Fortis La Femme team's response and level of preparedness.

Fortis Hospital, Bannerghatta Road, Bengaluru, observes Dietetics Day



The Dietetics Department, under the guidance of Ms Shalini Arvind, Chief Dietitian at Fortis Hospital Bannerghatta Road, Bengaluru, organised an exhibition on February 8, 2023, to mark National Dietetics Day. The program commenced with lamp lighting by Mr Akshay Oleti, Business Head, Fortis Hospitals, Bengaluru, Dr. Priya Goutham, Medical Director, Fortis Hospitals, Bengaluru, Dr Vivek Jawali, Chairman – Cardiac Sciences, Fortis Hospitals, Bengaluru, Dr Padmakumar AV, Senior Director - Critical Care Medicine, Fortis Bannerghatta, Dr Garud Chandan, Additional Director - Critical Care Medicine, Fortis Bannerghatta, Dr Gayathri D Kamath, Senior Consultant - Obstetrics & Gynaecology, Fortis Bannerghatta, Mr. Praveen Wali, Operations Head, Fortis Bannerghatta and Ms. Latha Nonis, Chief Nursing Officer, Fortis Bannerghatta. Based on the theme, "The mighty Millets and the 3 A's-Affordability, Accessibility and Availability", as part of the exhibition, many educational items were displayed as part of the exhibition learning was made fun through activities. The exhibition was appreciated and attended by staff from various departments, the senior management and the clinicians.

Fortis Hospital, Mulund, observes Purple Day to raise awareness about epilepsy



(L-R) Ms Tejaswini Dudhawadkar, Neurology Nurse Coordinator, Ms Tanvi Dingankar Neuro Psychologist, Dr Rima Chaudhari, Senior Consultant - Neurology & Epileptology, with a patient and her spouse.



Balloons being released



A patient playing the keyboard



Patients their family members with the team from Fortis Hospital, Mulund, that made this initiative happen

Purple Day 2023 was observed with much fanfare on March 24, 2023, at Fortis Hospital, Mulund. Patients with epilepsy and their caregivers, who form the Fortis Epilepsy Connect Group, were invited for this celebration. Over 30 participants graced the

occasion. Helmed by Dr Rima Chaudhari, Senior Consultant – Neurology and Epileptology, the initiative helped patients and their families build a renewed connect with each other. It also helped the patients and their families to share their experiences and their journey. The patients also highlighted the support they receive from the neurology team. The event witnessed epilepsy patients showcasing their talent through singing, keyboard playing and dance.

The event concluded with release of balloons, with 'wishes' of patients written on them. The initiative was supported by the Neurophysiology team and Clinical Psychology team, and moderated by Ms Tanvi Dingankar. Dr S. Narayani, Business Head - Fortis Hospitals, Maharashtra, joined in to support the initiative and thank the team whose efforts made the event successful.

Fortis Ludhiana launches three-year PG programme in Emergency Medicine



The Department of Emergency Medicine, Fortis Hospital, Ludhiana, has commenced CCT-EM, a three-year Post Graduate Program in collaboration with Society of Emergency Medicine in India (SEMI). Four seats per year has been approved by SEMI. To celebrate the occasion, lamp lighting and cake cutting ceremony was held in the presence of Dr Vishavdeep Goyal, Head SBU, Dr Abhimani Sharma, Head - Emergency, Dr Anamica Ahuja, Medical Superintendent, Dr Harminder Singh Pannu, Director - Internal Medicine, Dr Rajoo Singh Chinna, Director - Gastroenterology, Dr Navdeep Singh Khaira, Director - Nephrology and the other faculty and the team members.



The program participants were welcomed and inducted by the team on the occasion. This is the fifth academic program at Fortis Ludhiana. The hospital is already running DNB programs in Anesthesia and Internal Medicine, DrNB in Medical Gastroenterology and IDCCC for Critical Care. Dr Vishavdeep Goyal congratulated the team and the faculty members, and welcomed the new registrars to the program.

Award & Accolades

Ms Richa Singh Debgupta, Chief of Strategy & Operations (CJK) recognised as 'Women of Impact' by FICCI Ladies Organisation



Ms Richa S. Debgupta being felicitated by Chairperson of FICCI LO



Ms Richa along with other awardees and National and Regional chairpersons of FICCI LO



Ms Richa with the Chairperson of FICCI LO



Ms Richa speaking on the occasion

Ms Richa Singh Debgupta, Chief of Strategy & Operations (CJK), was felicitated as 'Women of Impact' by FICCI Ladies Organisation in an event organised in Kolkata on March 23, 2023. She was among the five accomplished women of the country to receive the award. The event was organised to felicitate select, extraordinary women leaders who have made an impact in their respective realms. FICCI Ladies Organisation (National) represents over 8,000 women entrepreneurs and professional women around the country.

Fortis Mumbai's #AllisWellMumbai social media campaign wins bronze at Economic Times Digiplus Awards 2023



(L-R) Monika Chaudhary, Dr S. Narayani & Ms Rinku Mavani holding up the winners trophy

Fortis Mumbai's #AllisWellMumbai social media campaign won a bronze at the Economic Times Digiplus Awards 2023 in the regional campaign category. The award was presented at an event held in Delhi on February 2, 2023. The campaign was led by Ms Monika Chaudhary, Team Leader-Digital Marketing and had been launched in January 2022 to assure patients that it is safe to visit Fortis hospitals, even during peak COVID-19. The campaign also drove home the message that patients must not neglect their illnesses due to the pandemic and continue to consult with their doctor, enabling them to monitor their health, in a safe environment.

The campaign was leveraged through all the social media platforms, including Facebook, YouTube, Instagram, Twitter,

LinkedIn, emailers and WhatsApp, reaching over 8 million people. This initiative was supported by Ms Rinku Mavani, Business Partner-Sales, Fortis Hospitals, Mumbai. Speaking about the initiative, Ms Rinku Mavani said, "At Fortis Hospitals Mumbai, we believe in supporting our patients within and beyond the hospital. Our caregivers understood the panic COVID-19 created its wake, and therefore remained available for patients, physically as well as via teleconsults. 'Precaution over panic' remained our mantra and we were able to successfully convey our preparedness with preventive measures."

Two nurses from Fortis Anandapur, Kolkata, win awards for their papers at Venous Association of India's annual conference



Ms T. Sharmee receiving an award for her paper



Ms Purba receiving an award for her paper



Ms Doli Biswas CNO, Fortis Anandapur, receiving a token of appreciation



Ms Doli Biswas delivering speech as Organising Secretary



Inauguration of VAICON



Group photograph of the team at the venue

Team Nursing of Fortis Anandapur, Kolkata, won two awards for presenting papers at the '16th Annual Conference of Venous Association of India,' held during January 27-29, 2023. The theme of the conference was 'Sustainable venous care.' Ms Takhellambam Sharmee Devi, Infection Prevention and Control Nurse, won an award for her paper titled 'Thrombophlebitis - Early identification in reducing advancement of its complications' while Ms Purba Das, Nursing Educator, won an award for her paper titled 'Venous Thromboembolism - preventive care: An evidence-based approach.'

The event was organised by the Vascular Nursing Society of India, which is part of the Venous Association of India. Ms Doli Biswas, Chief Nursing Officer, Fortis Anandapur, was the Organising Secretary of VNSI and presented a paper titled 'Pills to heal: Medical management of patients with venous insufficiency,' as a panelist for one of the sessions. All the paper presentations were well appreciated.

Fortis Hospital, Kalyan bags two 1st runner up awards at the 9th International Patient Safety Conference 2023



(L-R): Ms Pratibha Shimpi and Ms Jagruti Pashe at IPSC 2023



(R-L): Ms Jagruti Pashte, Dr Supriya Amey, Facility Director; Ms Pratibha Shimpi and Ms Valsamma, Chief Nursing Officer

Ms Jagruti Pashte, Clinical Pharmacist and Ms Pratibha Shimpi, Senior Nurse of Fortis Hospital, Kalyan, have won the first runner-up awards for their posters presented at the 9th International Patient Safety Conference 2023, held in Delhi on February 13-14, 2023. Ms Pashte won the award for her poster on 'Assessment and Prevention of Medication Error in a Secondary Care Hospital,' under the category of 'Leadership to imbibe and enhance culture for patient safety.' Ms Shimpi won the award for her poster on 'IPSCG-1 Compliance Through Implementation of Best Practice,' under the category of 'Creating workforce-oriented ecosystem for their safety and wellbeing.'

Ms Maumita Saha of Fortis Anandapur, Kolkata, bags 2nd Runner-up for paper at the 9th International Patient Safety Conference



Ms Maumita Saha presenting her paper



The certificate



Ms Maumita Saha receiving the 2nd runner-up certificate

Ms Maumita Saha, Quality Control Nurse, Fortis Hospital, Anandapur, Kolkata, presented a paper on 'Prevention of patient fall inward care settings – an evidence-based approach,' for which she won the 2nd runner-up position at the 9th International Patient Safety Conference. The event was held in New Delhi on February 13-14, 2023.

The study focused on the prevention of patient fall by assessing and improving nursing staff knowledge and practices on fall prevention policy and improving hourly rounds by the nursing staff. More than 500 delegates from across the country attended the prestigious conference.

Ms Durga Vaidya, CNO - SL Raheja Hospital, Mahim, delivers speech at Trained Nurses Association of India's conference



Ms Durga receiving the memento as Speaker cum Moderator from TNAI's Maharashtra Branch Secretary, Ms Prachi Dharap



(L-R): SL Raheja Hospital, Mahim's Ms Durga Vaidya and Ms Sunitha Rego



Ms Durga (third from right) with TNAI Maharashtra's Ms Surekha Sawant, Ms Prachi Dharap and the co-panelists

Ms Durga Vaidya, Chief Nursing Officer, SL Raheja Hospital, Mahim – A Fortis Associate, was invited as panel discussion moderator cum speaker for the State-level conference organised by Trained Nurses Association of India (TNAI) - Maharashtra branch. Held on January 5-6, 2023, the theme of the conference was 'Invest in Nursing for Global Health'. The topic for the panel discussion was 'Developing Leadership for Global Nursing'. The conference was attended by eminent healthcare personalities from the Government and private sector. Ms. Sunitha Rego, Deputy Chief Nursing Officer - SL Raheja Hospital, Mahim, also participated in the conference.

Fortis Mohali wins three awards at CME on 'Challenges in Hospital-Acquired Infections'



Dr Parvinder Chawla getting the award



Ashwani Kumar, Lead-AMS pharmacist



Kiranpreet Kaur, Infection Control Nurse

Fortis Hospital Mohali won three awards at a Continuing Medical Education (CME) organised by the Department of Medical Microbiology, PGIMER, Chandigarh, on 25th February, 2023. The topic of the event was 'Challenges in Hospital-Acquired Infections.' Dr Parvinder Chawla, Senior Consultant, Internal Medicine, Fortis Hospital Mohali, won the first prize in the Best Oral Paper category on the topic 'Evaluation of prescription audit and feedback as an effective strategy for rationalizing antimicrobial use.' Kiranpreet Kaur, infection control nurse, Fortis Mohali, won the third prize in the Best Oral Paper category on the topic, 'A 10-year study on needle stick injuries among healthcare workers (HCW) in tertiary care hospital', and Ashwani Kumar, Lead-AMS pharmacist, Fortis Mohali, bagged the second prize in a quiz competition. Dr Anita Sharma, Director, Lab Medicine, Fortis Mohali, chaired a session at the conference. The speakers deliberated upon various issues such as hand hygiene, device-associated infections, biomedical waste management, nosocomial tuberculosis, HAI control in emergency settings, point of care tests and diagnostic stewardship in HAI control, automation in HAI; and environmental cleaning and disinfection.

Fortis Anandapur, Kolkata, receives 1st Runners-up award at the 35th CII Quality Circle Convention 2023



The Fortis Anandapur team receiving the award



The team at the CII Quality Circle Convention



The award and the certificate



The team presenting their project work

Fortis Anandapur, Kolkata, received the 1st Runners-up award for a project presentation on 'Antimicrobial Stewardship: A holistic approach towards compliances,' at the 35th CII (Confederation of Indian Industry) Quality Circle Convention for State-level competition organised at Kolkata, West Bengal. Eight

healthcare organisations had presented their projects at the event.

The Nursing Team of Fortis Anandapur, in collaboration with the Clinical Pharmacist, prepared the project to improve AMS compliance. The project enhanced the restricted antibiotics justification compliance from 72% to 96%. The project was supported by Dr Arindam, Microbiologist and Infection Control Officer, Fortis Anandapur, Mr Ashish Mukherjee, Facility Director and the directors of various specialties well appreciated the achievement. The entire presentation was acknowledged by the CII and was selected for National level presentation.

Dr Nippun Prinja Head of Blood Bank – Fortis Hospital Shalimar Bagh, invited as faculty in the master class on Paediatric Transfusion Medicine



1st Masterclass on topic Transfusion practices for paediatric Haematology Oncology & Haematopoietic Stem cell transplantation was organised at Post Graduate Institute of child health (PGICHA), Noida under the aegis of Paediatric Haematology Oncology (PHO) chapter, Indian Academy of Paediatrics (IAP) and supported by the International Society of Blood Transfusion (ISBT), Netherlands on 1st & 2nd April 2023. Dr NIPPUN PRINJA, Head, Blood Center, Fortis Hospital Shamilar Bagh was invited for the talk on Leukoreduction of blood components and its usage in paediatric patients in different clinical settings. Eminent faculty from different institutions As AIIMS, PGIMER, JIPMER were part of the masterclass. Dr Atul Goyal, DGHS (Director General Health Services) inaugurated the event. It was Huge success. This master class will help FHSB to grow more in field of transplant & transfusion.

Ms Gowri S. Jagadesan of Fortis BG Road, Bengaluru, participates as National Trainer for 'Breastfeeding and Infant & Young Child Feeding Counsellor Course'



Ms Gowri Sayee Jagadesan, Nurse Educator, Fortis Hospital, Bannerghatta Road, Bengaluru, successfully participated as a National Trainer for the Breastfeeding and Infant & Young Child Feeding Counsellor Course, the 4-in-1 training organised by a prestigious hospital in Hyderabad along with Breastfeeding Promotion Network of India (BPNI) during March 20-26, 2023. She participated as a BPNI National Trainer IYCF along with few other notable IYCF National Trainers. A total of 26 participants, including paediatricians, physiotherapists, nurses, nutritionists, lactation counsellors, pharmacists and wellness consultants underwent the course.

Dr Harmeet Singh of Fortis Memorial, Gurugram, receives 'Token of Honour' for services



Dr Harmeet Singh, Head of Emergency and Trauma, FMRI, is proud to receive a token of honour for our services from the Hon'ble Health Minister of Delhi Govt. Sh Saurabh Bhardwaj, National President of IMA, Dr Sharad Aggarwal and DMA President Dr Ashwani Dalmia at the DMA House in New Delhi. Many renowned clinicians attended the event, as doctors from Delhi NCR and other distinguished guests.

Fortis Mumbai's Ms Rinku Mavani & Ms Priya Bendre bag two Adgully Woman Disruptors 2023 awards



Ms Rinku Mavani



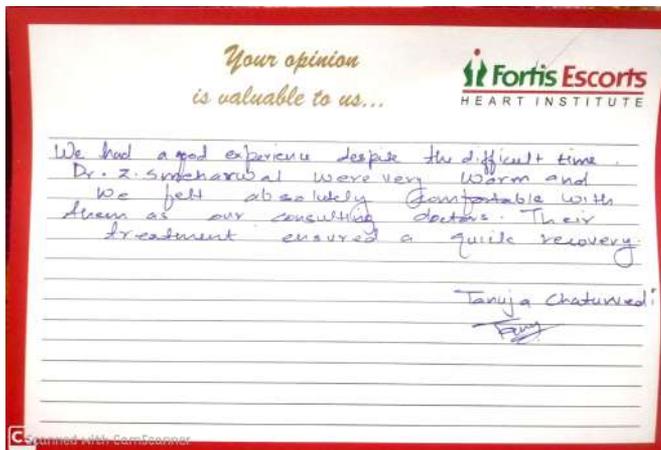
Ms Priya Bendre

Fortis Hospital Mumbai's Ms Rinku Mavani, Business Partner – Sales, and Ms Priya Bendre, AGM – Corporate Communications, bagged two awards at the Adgully Woman Disruptors Awards 2023. Ms Mavani won the 'Woman Marketing Head Of The Year' award for excellence in the field of marketing. The award celebrated her accomplishments in strategizing and deploying various successful marketing campaigns such as 'If It's Critical Care – It's Fortis, Project Asha, Fortis Child Heart Mission', etc., for the benefit of the community.

Ms Bendre won the 'Excellence in the Field of Corporate Communication' award. She was conferred this award for her work that helped Fortis Mumbai reach every household through 'community first' initiatives such as the 'Fortis Mumbai & National Geographic collaboration to leverage the Heart Transplant Program, Mumbai's Bone Health Index, and COVID Vs. Child Health Survey' initiatives. The 4th edition of the Adgully Woman Disruptors Awards was hosted on March 6, 2023, in Mumbai.

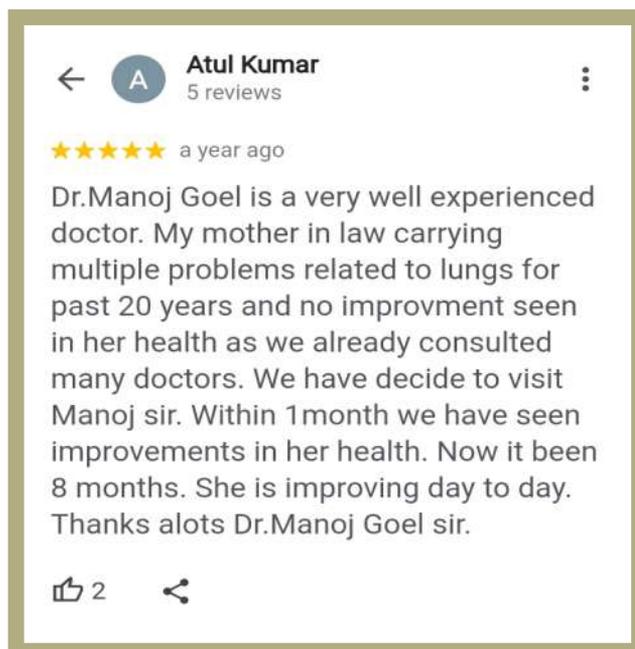
Wall of Fame

Fortis Escorts Heart Institute, Okhla, New Delhi



Dr. Z.S. Meharwal
Executive Director & Head,
Adult Cardiac Surgery,
Heart Transplantation &
VAD Program

Fortis Memorial Research Institute, Gurugram



Name of the Patient : **Mr Atul kumar**
Name of the Fortisans: **Dr Manoj Goel**

Fortis Hospital, Noida

Dr. Jyoti Bala Sharma and Dr. Avinash helped us in every step.

Dr. Rahul Gupta was always to the point and explained everything perfectly. Nursing team is perfect and treats you like family, they picked up my calls at all hours, prayed with us as well. Security team worked diligently. Food and beverage team under Pankaj ji is really good and he took care of the HK also really well. Paras ji is really good. Paras ji from counselling helped us a lot for paperwork and even in admission. My father could not get better treatment anywhere else, we are extremely thankful to each and everyone. This form is small and my list to thank for is large. We thank each and everyone. Special Thanks to Rajesh ji in service.

Sakshi Singh

Name of the Patient: **Dinesh Singh**

Date of Appreciation- **13th April Fortisian- Dr. Jyoti Bala Sharma, Dr. Avinash Koul, Dr. Rahul Gupta (NEUROsx), Nursing Team (First Floor), Sister Ria, Sister Neelam, Sister Reshma, brother Krishna, Brother Omkar, Sister Pushpa, Ganesh (Physiotherapist) Security Team, Food and Beverage Team, Mr. Pankaj, Mr. Paras (Billig), Pankaj Sir (Hk), Mr. Ajay (Hk Supervisor), Sister Ruby, Mr. Rajesh**

Fortis Escorts, Faridabad

- Wonderful treatment of Dr Ravi Shekhar and her coordinator also very helpful and treated as very well mannered.
- Dr Ravi Shekhar Jha is great. He is very understanding and listens to our concerns. He take time with the patients to help them. Thank you Doctor.
- Extremely qualified doctors with a humane approach towards patients.
- I got fabulous Experience by Fortis hospital their Dr Ravi Shekhar



Name of the Patient: **Pradeep, Rukmini**

Name of the Fortisian: **Dr. Ravi Shekhar Jha**

Fortis Escorts Hospital, Amritsar

Great Experience ! Dr. Tarsem Singh is very knowledgeable and dedicated .He and his team is very active in both communication and action .All the nursing staff of Pediatric ICU is very soft spoken, supportive and responsive .Their work is very priceable. The staff were so lovely and kind and put my mind at ease when I was ill and they always had a smile on and happy to help. Thank you so much Fortis Escorts Hospital !!!

Name of the Patient: **Pt. Baby Of Gurpreet**

Name of the Fortisians: **Entire team of Fortis**

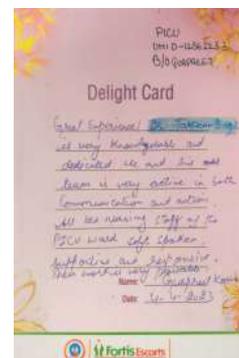


Photo Feature



International Nurses Day Celebration at Fortis



Fortis Hospital, Vasant Kunj



Fortis Hospital, Amritsar



Fortis Hospital, BG Road, Bengaluru



Fortis Hospital, Kalyan



Fortis Anandapur, Kolkata



Fortis Hiranandani Hospital, Vashi



Fortis Escorts Heart Institute, New Delhi



Fortis Escorts Hospital, Faridabad



Fortis Hospital, Jaipur



Fortis Hospital, Ludhiana



Fortis Hospital, Malar



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, Mohali



Fortis Hospital, Shalimar Bagh



Fortis Hospital, Mulund



Fortis Hospital, Vadapalani



Fortis Hospital, SL Raheja

Congratulations

**New Additions
to the Family**



Baby of Ravi Panday
Fortis C-DOC